A Healthy Tomorrow Starts Today.



MEDICARE ADVANTAGE | 2024

ESSENCE ADVANTAGE® (HMO) - ESSENCE ADVANTAGE® CHOICE (PPO)



Serving the Missouri county of Boone



A Healthy Tomorrow Starts Today.

There's no time like the present when it comes to your health.

Investments you make in yourself today will benefit your health and well-being into the future.

At Essence Healthcare, we work hard today—and every day—to help you live your healthiest life so you can pursue the things you love surrounded by the people you love.



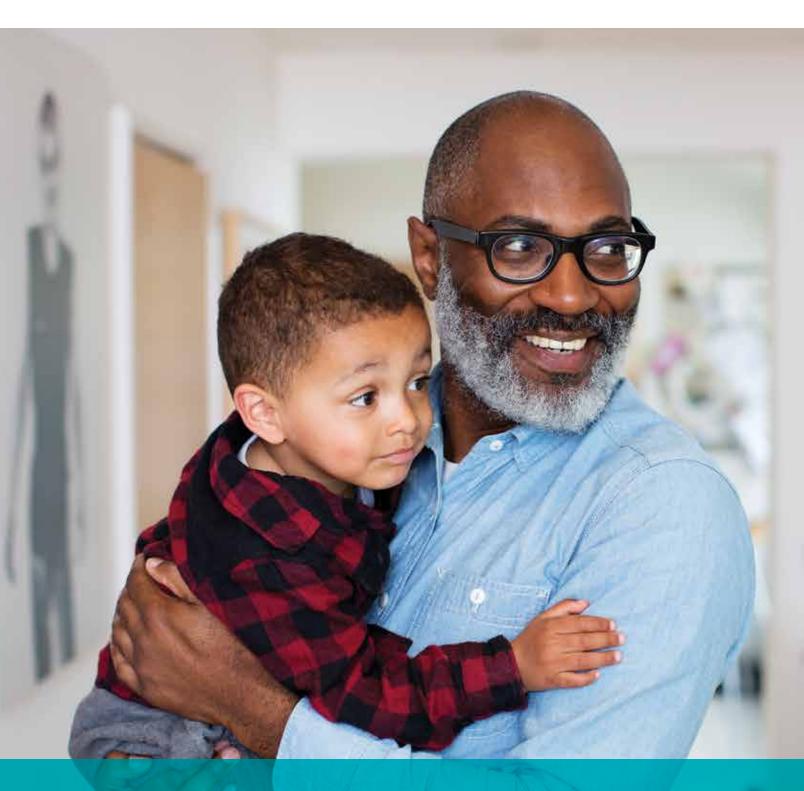


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Why People Choose Essence

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Financial Security

Health plan costs should never prevent you from using your benefits. That's why we provide plan options with **\$0 monthly premiums and no or low copays on doctor visits, prescriptions and other services.** Our plans also include **out-of-pocket protection** that limits your annual healthcare costs and protects your savings. This important protection isn't offered by traditional Medicare.

Plans That Fit All Your Needs

At Essence, we believe that your Medicare plan should be a **complete protection package for every aspect of your health**—from medical and hospital care to extras like dental, vision, over-the-counter items and more. And we believe your plan should work how you want it to, whether that's by providing a **coordinated care experience through a network of doctors** or by offering **more flexibility in doctor choice.**

Teamwork and Customer Service

We've always valued communication and teamwork—not only because it helps improve your health, but also because it results in **better benefits and lower costs.** We work together both with you and with your network physicians. You can rest easy knowing that you have a **team of people focused on getting you the care you need and making sure that nothing slips through the cracks.** And if you ever need to reach us, you'll be quickly routed to one of our **dedicated**, **local customer service experts**—ready to provide guidance and trained to help resolve all your questions.

Dedication to Our Members

Essence is a **long-standing leader in healthcare—focused exclusively on serving people with Medicare.** We are doctor founded and are dedicated to providing affordable, accessible healthcare. Our commitment will always be to you and your improved health. **You're our number one priority.**

The Complete Protection Package

Unlike other traditional Medicare options, Medicare Advantage plans, including Essence, bundle your hospital, medical and prescription drug coverage into one plan. You'll also get extras needed to complete your coverage, such as dental, vision, hearing, health club memberships and more. We do this for a \$0 monthly premium, and we provide maximum out-of-pocket protection so that you won't pay more than a certain amount per year for your healthcare.

Money-Saving Extras* Original Medicare Dental Coverage Hospital Coverage (Part A) **Vision Coverage Hearing Aid Coverage** • Medical Coverage (Part B) B **Over-the-Counter** (OTC) Coverage D **Fitness Club Memberships**/ **Prescription Drug** SilverSneakers® **Coverage** (Part D) **Transportation Assistance Coverage when Traveling**

The Essence Advantage

Everything you want and need in one convenient, affordable plan

Core + MORE

Preloaded Flex Cards

All Essence plans include core extras like dental, vision and hearing. With our Flex Card, you'll get MORE MONEY to spend in those categories, and on OTC items—up to \$604 per year depending on the plan you choose! Use your card at eligible retail locations, the online Essence OTC Store and with out-of-network providers—on what's important to you.

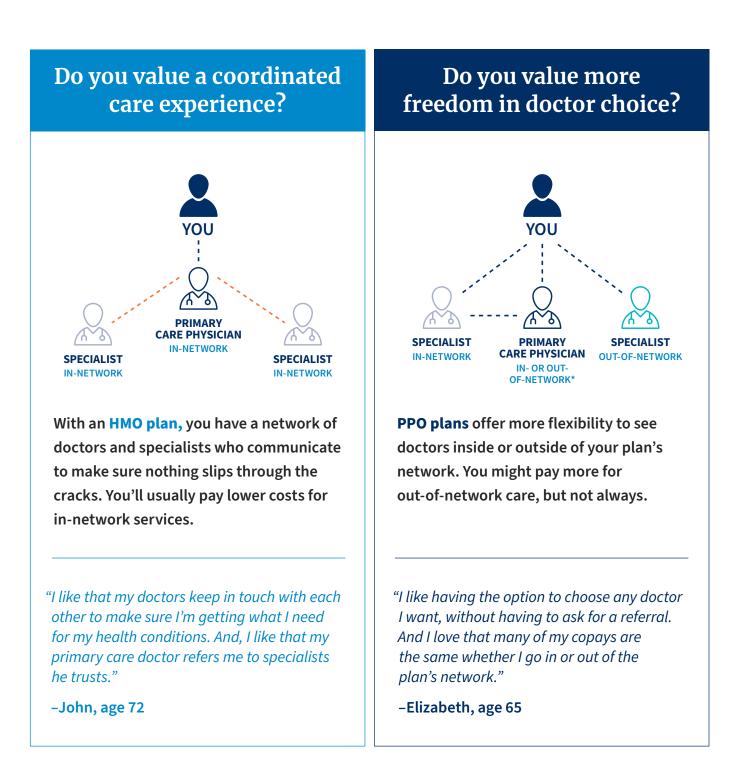


The Flex Card isn't a credit card. It can't be converted to cash or used to pay plan premiums or for non-covered Flex Card services. See page 29 for more information. Annual allowance is divided equally and applied quarterly.

*Benefit limitations and exclusions may apply to extra benefits.

A Plan for Everyone

Your health and financial needs come first. Pick an Essence plan that meets both.



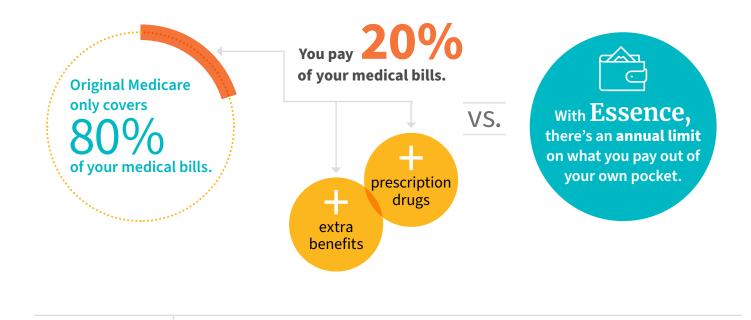
*While a primary care physician is encouraged, our PPO plan doesn't require you to choose one. Quotes on this page are for illustration purposes only.

The Essence Benefit: Hospital and Medical Coverage

All the Basics—Covered

Essence provides all the hospital (Part A) and medical (Part B) coverage you find with Original Medicare, but there are some key differences that we think you'll like.

If you're familiar with Original Medicare, you may know that you're responsible for 20 percent of your costs. The issue with this is that you don't know what your actual out-of-pocket costs will be, and there's no limit to what you may have to pay each year. This makes it hard to budget for healthcare expenses and leaves your savings and retirement at risk in the case of an unexpected illness or injury. With Original Medicare, there's *no limit* to your expenses.



With Essence, you'll pay a low copay for the majority of your hospital and medical services and, in some instances, no copay at all. We also don't include any annoying deductibles in our plans, which means we start covering you on day one.

Unlike Original Medicare, we put a limit on what you pay out of your own pocket each year for any hospital and medical services.

This limit is referred to as maximum out-of-pocket protection (MOOP). No matter what happens, you'll never pay more than the MOOP limit.

Did You Know?

Your maximum out-of-pocket limit is different than a deductible. A MOOP limit is the total amount that you could pay annually for covered hospital and medical services. Once you meet this limit, you won't have to pay any more money for covered services during that year. Note that there are some services that don't count toward your MOOP limit, such as certain eyewear or dental work. A deductible is the amount that you must pay out of pocket before a plan starts paying their share of a covered service. With Essence, you won't have a deductible.

The Essence Benefit: Prescription Drug Coverage

Saving You More On Your Prescriptions

Regularly taking medications can be an important part of maintaining your health and wellness. Unfortunately, the cost for those medications can really add up. That's why every Essence plan includes generous Part D prescription drug coverage for thousands of generic and brand-name medications, and no annual deductible is required.

And while you have thousands of pharmacies to choose from nationwide, with Essence you can save even more when you fill your prescriptions at one of our preferred pharmacies, which include **CVS and Walmart.** If you fill your prescription at any of these pharmacies, you're entitled to lower copays, including **\$0 copays** on generic medications—**even through the coverage gap**—and reduced copays for brand-name medications.

We also offer additional ways to save. If you use our mail-order pharmacy, you can save even more on your prescriptions and have them delivered right to your door.

*

Savings for People with Diabetes

If you have diabetes and take insulin, then you know how costly it can be. That's why we cover insulin for as little as a \$0 copay.*



"Most of our medications are free of charge, so that's a big plus."

-Robert G., Essence member

*A diagnosis of diabetes isn't required for insulin coverage.

The Essence Benefit: Dental Coverage

Another Reason to Smile

It's easy to put on a smile. It's not always easy—or affordable—to make sure your smile is healthy and pain free. At Essence, we want to make sure that anything that affects your health is covered and that also means your teeth. That's why every Essence plan includes dental coverage for no additional premium.

Whether you simply need coverage for preventive dental services such as exams, X-rays and fluoride treatments, or you want more comprehensive coverage for things like fillings, extractions, root canals, dentures and even implants, we have a plan for you.

In addition to covering the services you need, one of our plans includes a **\$5,000 dental allowance.** And our PPO plan offers you the flexibility to use your benefit at the dental provider of your choice—both in and out of network.



Flex Card Eligible!

See page 29 to learn how you can get additional coverage for dental services and products.

Did You Know?

Your oral health is more important than you might realize. Problems in your mouth can affect the rest of your body. Oral bacteria and the inflammation associated with a severe form of gum disease might play a role in some diseases such as endocarditis, cardiovascular disease and pneumonia. Conditions like diabetes and osteoporosis can affect your oral health. Taking care of your oral health is an investment in your overall health.



Seeing Is Believing

The quality of your vision and your eye health are so important to your overall health and well-being. If you need correction for your vision, each Essence plan includes a generous allowance for frames, lenses and contacts, but our vision coverage doesn't end there.

Because an eye exam can tell your doctors so much about your overall health, we also include coverage for routine checkups and visits with vision specialists to make sure your eyes (and the rest of you) are healthy.

In addition to eyewear and routine checkups, we also cover vision services such as eye surgery, diabetic retinopathy screenings and screenings for people at high risk for glaucoma.

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Flex Card Eligible! See page 29 to learn how you can get additional coverage for eyewear.

Did You Know?

Optometrists can spot many health conditions and vision problems just by taking a glance into your eyes. During an eye exam, doctors can often detect serious medical problems such as high blood pressure, diabetes, some cancers, autoimmune diseases, thyroid issues and high cholesterol.

Also, early treatment is key in preventing some common eye diseases from causing permanent vision loss or blindness.

The Essence Benefit: Hearing Coverage

From Hearing Aids to Exams

Hearing loss is a lot more common than most people realize. According to the Hearing Health Foundation, nearly one out of every three adults between the ages of 65 and 74 has experienced some level of hearing loss, and that number grows to nearly half of all adults after the age of 75.

All of our senses are important, but being able to hear clearly is especially critical to overall health, happiness, personal safety and the safety of others. All of our plans cover important hearing exams and screenings, and because hearing aids can get expensive, our plans also include an allowance to help with the cost.



Flex Card Eligible!

See page 29 to learn how you can get additional coverage for hearing products.

Did You Know?

Hearing is one of your most important senses. Hearing loss can be connected to stress, anger, depression, loneliness, memory loss and many other problems. Hearing problems can get worse or become permanent if you ignore them—so get help early.

If needed, hearing aids can improve your overall quality of life in addition to reducing brain decline and the risk for developing dementia.





The Essence Benefit: Over-the-Counter Coverage

Whenever, However You Need It

Think of all the money you've spent on things like pain relievers, vitamins, first aid products and other over-the-counter (OTC) supplies. Now imagine your health plan giving you an allowance to help purchase them in the future.

When you're an Essence member, you'll get a quarterly allowance to use on health-related OTC items. Your allowance is loaded onto a Flexible Benefits Card that you can use at eligible retail locations and the online Essence OTC Store.

*

Here's just a small list of the types of eligible items:

- Allergy relief
- Antacids and acid reducers
- Antidiarrheal, laxatives and digestive health aids
- Cold and flu medications
- Dental and denture care
- Eye, ear and foot care
- First aid items

- Incontinence supplies
- Pain relief aids (creams, heating pads, ice packs, etc.)
- Pain relievers and fever reducers
- Skin and sun care creams
- Sleep aids
- Supports and braces
- Vitamins and minerals



Flex Card Eligible! See page 29 for more information.

Did You Know?

OTC items can be an expensive part of your healthcare. Also, without these items, it's likely you'd seek professional medical treatment for minor ailments. An OTC allowance will help save you money and possibly reduce the number of visits with your doctor.

The Essence Benefit: SilverSneakers

Stay Active. Stay Healthy.

Staying active can help you live your life to the fullest. That's why we've partnered with **SilverSneakers** to give you free access to participating gyms, health clubs and a host of different classes for any fitness level.

Whether you want to work out at the gym, at home or outside, it's all possible with SilverSneakers. If you want structure and guidance, in-person classes are available and include a range of options from classic strength-training workouts to yoga, swimming, dance and more.

And if the gym isn't your thing, you can take advantage of live workouts and on-demand options at home, or join one of the SilverSneakers small group exercise classes outside of the gym in your community. Sometimes all it takes to get moving are the right options.

From national gyms to local community centers, there are over 15,000 fitness locations nationwide to choose from. And that's good to know because you can use your SilverSneakers membership at any participating fitness center anywhere in the country—just another perk of being an Essence member. To see participating fitness centers near you, visit SilverSneakers.com/Locations.



"We've always been active people in one way or another. We're dancers. We're runners. We're walkers. So with the Essence SilverSneakers program, it allows us a way to stay as active as we can."

-Johnnie H., Essence member





The Essence Benefit: Transportation and Travel

From Here to There

Seeing your doctor on a regular basis is important, and we never want your ability to get to your appointments to be an issue. That's why we include free transportation services to doctors and authorized medical facilities as part of your plan membership. If you need to go to the pharmacy to pick up a prescription, our transportation service can help with that, too.

Using your transportation benefit is simple and easy. As an Essence member, you'll be given a number to call to schedule your trip. Just provide where and when you want to go, and a driver will be there to take you to your destination. And if you have any special transportation needs, such as a wheelchair, they can help you with that, too.

And Everywhere

Going out of town, visiting friends and family in another state, or maybe traveling abroad? Rest easy knowing that if you get sick or injured while away from home, your emergency or urgent-care services are covered.



"Wherever I go, Essence goes with me. It doesn't end on the state boundaries so wherever I go, I know I'm covered."

-Anita K., Essence member

Plan Benefit Highlights: Hospital and Medical Coverage

Below are some of the many hospital and medical benefits included in our plans. For more details and benefits, please see the **Summary of Benefits** starting on page 32.

	Annual Deductible	Preventive Care/ Screenings	Primary Care Physician Visits*	Specialist Doctor Visits*	Urgent Care
Essence Advantage (HMO) \$0 Monthly premium	\$0 Per calendar year	\$0 Сорау	\$0 Copay	\$35 Сорау	\$30 Copay
Essence Advantage Choice (PPO) \$0 Monthly premium	\$0 Per calendar year	In- & out- of-network: \$0 Copay	In-network: \$0 Copay Out-of-network: \$15 Copay	In- & out- of-network: \$30 Copay	\$40 Copay Always considered in-network

*If your doctor offers **telehealth visits,** you'll have the same copay as an in-office visit. **Ambulatory Surgical Center

Emergency Care	Lab Services	Inpatient Hospital Care	Outpatient Surgery at Hospital	Outpatient Surgery at ASC**	Maximum Out-of-Pocket Limit
\$125 Copay	\$20 Copay	\$310 Days 1–5 \$0 Day 6 & beyond	\$250 Copay	\$175 Copay	\$3,000 Per calendar year
\$110 Copay Always considered in-network	In-network: \$0 Copay Out-of- network: 40% Coinsurance	In- & out- of-network: \$290 Days 1–5 \$0 Day 6 & beyond	In- & out- of-network: \$280 Copay	In- & out- of-network: \$240 Copay	In-network: \$4,150 Per calendar year Out-of-network: \$6,150 Per calendar year (in-network & out-of-network combined)

Plan Benefit Highlights: Extra Benefit Coverage

Below are the extra benefits included in our plans. For more details and benefits, please see the **Summary of Benefits** starting on page 32.

	Dental	Vision
Essence Advantage (HMO) \$0 Monthly premium	\$0 Copay for preventive dental, such as cleanings, exams, X-rays and more	\$0 Copay for routine eye exam \$0 Copay for eyewear (eyeglass frames and lenses or contact lenses) \$200 Allowance for frames or contacts every calendar year
Essence Advantage Choice (PPO) \$0 Monthly premium	\$0 Copay for preventive dental, such as cleanings, exams, X-rays and more \$5,000 Annual allowance for comprehensive dental, such as fillings, extractions, endodontics, implants, dentures and more. Allowance applies to combined comprehensive and preventive services.	 \$0 Copay for routine eye exam \$0 Copay for eyewear (eyeglass frames and lenses or contact lenses) \$200 Allowance for frames or contacts every calendar year Amounts listed apply
O premium	Amounts listed apply for both in- and out-of-network services.	for both in- and out-of-network services.

*Health-related locations, including provider offices, adult day care, rehabilitation clinics, dental offices, [†]For use on certain non-Medicare-covered items and services in the categories of dental, vision, hearing and OTC.



Flexible Benefits Cards

All Essence plans include core extras like dental, vision and hearing. With our Flex Card, you'll get MORE MONEY to spend in those categories, and on OTC items. Use your card at eligible retail locations, the online Essence OTC Store and with out-of-network providers—on what's important to you. Whether you need the total amount for one category or want to split it among others—it's up to you!

Hearing	Transportation Assistance	Fitness/Gym Membership	Flexible Benefits Card [†]
\$20 Copay for routine hearing exam	\$0 Copay for 20 one-way trips to approved locations per calendar year*	SilverSneakers included at no additional cost	\$220 Shared annual allowance for OTC items, dental, vision and hearing Applied quarterly in \$55 increments Amounts listed apply for both in- and out-of-network services.
\$20 Copay for routine hearing exam \$1,000 Allowance for up to 2 hearing aids (all types) every 2 calendar years (both ears combined) \$0 Copay for hearing aid fitting/evaluation (covered once every 2 calendar years) Amounts listed apply for both in- and out-of-network services.	\$0 Copay for 24 one-way trips to approved locations per calendar year*	SilverSneakers included at no additional cost	\$604 Shared annual allowance for OTC items, dental, vision and hearing Applied quarterly in \$151 increments Amounts listed apply for both in- and out-of-network services.

pharmacies and more.

Plan Benefit Highlights: Part D Drug Coverage

Below are some of the Part D prescription drug benefits included in our plans. For out-of-network costs and more benefit details, please see the **Summary of Benefits** starting on page 32.

New for 2024! Gap Coverage and Catastrophic Coverage

With any Part D plan, you could enter the coverage gap and pay larger drug copays than you're used to. For all of its plans, **Essence has eliminated copays on generic drugs during the gap.*** And if you hit the **catastrophic phase, you won't pay anything for covered drugs.**

	Preferred Pharmacy Benefits (30-day supply)					
	Tier 1 Preferred Generic	Tier 2 Generic	Tier 3 Preferred Brand	Tier 4 Non-Preferred Brand	Tier 5 Specialty Drug	Tier 6 Insulins
Essence Advantage (HMO) \$0 Monthly premium	\$0 Copay	\$0 Copay	\$42 Copay	\$85 Copay	33% Coinsurance	\$0 Сорау
Essence Advantage Choice (PPO) \$0 Monthly premium	\$0 Copay	\$0 Copay	\$45 Copay	\$95 Copay	33% Coinsurance	Tier 6 not offered. Insulins covered under tiers 1–5.

*Coverage gap copay amounts applicable at preferred pharmacies.

**Prices shown are for a 30-day supply. Important—you won't pay more than \$35 for a one-month supply of each

Part D Coverage Phases**

Initial Coverage	Coverage Gap	Catastrophic Coverage
You Pay:	You Pay:	You Pay:
\$0 Deductible The copays shown below for a 30-day supply	The same copays as you did during the initial coverage phase for tiers 1 and 2, or 25% (whichever is lower).	\$0 For all plan-covered drugs
	You pay 25% coinsurance for all other tiers.	
	"The Donut Hole"	
\$5,03		
Total Yearly Di (end of initial o	0	

Non-Preferred Pharmacy Benefits (30-day supply)

Tier 1 Preferred Generic	Tier 2 Generic	Tier 3 Preferred Brand	Tier 4 Non-Preferred Brand	Tier 5 Specialty Drug	Tier 6 Insulins
\$7 Copay	\$12 Copay	\$47 Copay	\$95 Copay	33% Coinsurance	\$0 Copay
\$4 Copay	\$12 Copay	\$47 Copay	\$100 Copay	33% Coinsurance	Tier 6 not offered. Insulins covered under tiers 1–5.

insulin product covered by our plan.



Summary of Benefits

Essence Advantage (HMO)

Summary of Benefits

Essence Advantage Choice (PPO)

January 1, 2024 – December 31, 2024

This booklet gives you a summary of what we cover and what you pay. It doesn't list every limitation, exclusion or covered service. To get a complete list of services we cover, view the Evidence of Coverage online at EssenceHealthcare.com.

If you want to know more about the coverage and costs of Original Medicare, look in your current Medicare & You handbook. View it online at Medicare.gov, or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

Sections in This Booklet

- Things to Know About Essence Advantage and Essence Advantage Choice
- Monthly Premium, Deductibles and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits
- Other Covered Benefits

This document is available in other formats such as Braille and large print. This document may be available in a non-English language. For additional information, call 1-866-947-5817 (TTY: 711) to speak with a customer service representative.

Things to Know About Our Plans

Hours of Operation

- From October 1 to March 31, you can call us seven days a week from 8 a.m. to 8 p.m.
- From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m.

Phone Number and Website

- If you have questions, call 1-866-947-5817 (TTY: 711) to speak with a customer service representative.
- Our website: EssenceHealthcare.com

Things to Know About Our Plans (cont.)

Who can join?

To join **Essence Advantage** or **Essence Advantage Choice,** you must be entitled to Medicare Part A, be enrolled in Medicare Part B, be a United States citizen or are lawfully present in the United States and live in our service area. Our service area includes the Missouri county of Boone.

What's an HMO?

An HMO, or Health Maintenance Organization, is a type of health insurance plan that usually limits coverage to care from doctors who work for or contract with the HMO. It generally won't cover out-of-network care except in an emergency.

What's a PPO?

A PPO, or Preferred Provider Organization, is a health insurance plan that offers a network of providers but also allows you to seek care from out-of-network providers. You may pay less if you use providers that belong to the plan's network.

Which doctors, hospitals and pharmacies can I use?

Essence Advantage and **Essence Advantage Choice** have a network of doctors, hospitals, pharmacies and other providers. If you use providers that aren't in our network, they must agree to treat you, and, if you're an HMO plan member, we may not pay for these services. Except in emergency or urgent situations, out-of-network providers may deny care. You must generally use network pharmacies to fill your prescriptions for covered Part D drugs. Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies. You can see our plans' Provider Directory on EssenceHealthcare.com or call us, and we'll send you a copy.

What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers—and more.

- Our plan members get *all* of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- Our plan members also get *more* than what's covered by Original Medicare. Some of the extra benefits are outlined in this booklet.

What drugs do we cover?

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on EssenceHealthcare.com or call us, and we'll send you a copy.

How will I determine my Part D drug costs?

Our plans group each medication into one of five or six tiers. You'll need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you've reached. Later in this document, we discuss the benefit stages that occur: initial coverage, coverage gap and catastrophic coverage. If you have questions about the different benefit stages, please contact the plan for more information or access the Evidence of Coverage on our website.

Monthly Premium, Deductibles and Limits on How Much You Pay for Covered Services

Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network	
Both Plans \$0 Per month			
You must continue to pay yo	ur Medicare Part B premium.		
Both Plans These plans don't have a deductible.			
The maximum out-of- pocket amount is the most that you pay out of pocket during the calendar year for in-network covered hospital and medical services.	The maximum out-of- pocket amount is the most that you pay out of pocket during the calendar year for in-network covered hospital and medical services.	The maximum out-of- pocket amount is the most that you pay out of pocket during the calendar year for combined in- and out-of- network covered hospital and medical services.	
Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:	Your yearly limit(s) in this plan:	
\$3,000 for covered hospital and medical services you receive from in-network providers	\$4,150 for covered hospital and medical services you receive from in-network providers	\$6,150 for covered hospital and medical services you receive from in- and out-of- network providers	
covered, and we pay the full Please note that you'll still ne	cost for the rest of the year. eed to pay your monthly pren		
	Both Plans \$0 Per month You must continue to pay yo Both Plans These plans don't have a decomposition The maximum out-of-pocket amount is the most that you pay out of pocket during the calendar year for in-network covered hospital and medical services. Your yearly limit(s) in this plan: \$3,000 for covered hospital and medical services you receive from in-network providers Both Plans If you reach the limit on out-covered, and we pay the full Please note that you'll still not service its in the pay the full please note that you'll still not provide that you'll still provide that you'll you have that you'll you have thave that you'll you have that you'll you have thave thav	Essence Advantage (HMO)Choice (PPO) In-NetworkBoth Plans \$0 Per month You must continue to pay your Medicare Part B premium.Both Plans These plans don't have a deductible.The maximum out-of- pocket amount is the most that you pay out of pocket during the calendar year for in-network covered hospital and medical services.Your yearly limit(s) in this plan:The maximum out-of- pocket during the calendar year for in-network covered hospital and medical services.Your yearly limit(s) in this plan:The maximum out-of- pocket during the calendar year for in-network covered hospital and medical services.Your yearly limit(s) in this plan:Your yearly limit(s) in this plan:\$3,000 for covered hospital and medical services you receive from in-network providersYour yearly limit(s) in this plan:	

Covered Medical and Hospital Benefits

	Essence Advantage (HMO)	Essence Advantage Choice (PPO)	Essence Advantage Choice (PPO)		
[In-Network	Out-of-Network		
Inpatient Hospital Coverage	Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.			
	 \$310 Copay per day, per stay: days 1–5 	• \$290 Copay per day, per stay: days 1–5			
	 \$0 Copay per day, per stay: day 6 and beyond 	• \$0 Copay per day, per stay: day 6 and beyond			
	Prior authorization is required.	Prior authorization is required.			
Outpatient Hospital Coverage	\$250 Copay for outpatient hospital services, including surgery	\$280 Copay for outpatient he including surgery	ospital services,		
	Copay is charged per surgery.	Copay is charged per surgery	<i>y</i> .		
	Prior authorization may be required.	Prior authorization may be required.			
Ambulatory Surgical Center\$175 Copay\$240 Copa		\$240 Copay			
(ASC)	Prior authorization may be required.	Prior authorization may be required.			
Doctor Visits (primary care	Primary care physician (PCP) visit: \$0 copay	Primary care physician (PCP) visit: \$0 copay	Primary care physician (PCP) visit: \$15 copay		
providers and	Specialist visit: \$35 copay	Specialist visit: \$30 copay	Specialist visit: \$30 copay		
specialists)	A referral is required for specialist visits.				
	Certain Medicare-covered services provided by a physician may require a prior authorization.	Certain Medicare-covered services provided by a physician may require a prior authorization.			
Preventive Care	Both Plans				
	You pay nothing.				
	Our plans cover many prever	ntive services, including:			
	Abdominal aortic aneurys	sm screening			
	 Annual wellness visit 				
	Bone mass measurement				
	Breast cancer screening (mammogram)				
	Cardiovascular disease risk reduction visit (therapy for cardiovascular disease)				
	Cardiovascular disease testing				
	Cervical and vaginal cancer screening				
	Colorectal cancer screeni	lig			

	Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network	
Preventive Care (continued)	 Health and wellness educt HIV screening Immunizations (pneumone) Medical nutrition therapy Medicare Diabetes Prevention Obesity screening and the Prostate cancer screening Screening and counseling Screening for lung cancer Screening for sexually transition Smoking and tobacco use Vision care "Welcome to Medicare" point 	on screening screening self-management training and diabetic services d wellness education programs ning ations (pneumonia, hepatitis B, COVID-19 and influenza) utrition therapy Diabetes Prevention Program (MDPP) creening and therapy to promote sustained weight loss cancer screening exams g and counseling to reduce alcohol misuse g for lung cancer with low-dose computed tomography (LDCT) g for sexually transmitted infections (STIs) and counseling to prevent STIs and tobacco use cessation (counseling to stop smoking or tobacco use)		
Emergency Care	be covered. \$125 Copay If you're admitted to the same hospital within 24 hours for the same condition, you pay \$0 for the emergency room visit. See the "Inpatient Hospital Care" section of this booklet for other costs. Emergency services are always considered in-network.	\$110 Copay If you're admitted to the same hospital within 24 hour for the same condition, you pay \$0 for the emergency room visit. See the "Inpatient Hospital Care" section of this booklet for other costs.		
Urgently Needed Services	We provide worldwide coverage. \$30 Copay within the United States \$125 Copay outside of the United States Urgently needed services are always considered in- network. We provide worldwide coverage.	We provide worldwide cover \$40 Copay within the United \$110 Copay outside of the Un Urgently needed services are considered in-network. We provide worldwide cover	States nited States e always	

	Essence Advantage (HMO)	Essence Advantage Choice (PPO)	Essence Advantage Choice (PPO)		
		In-Network	Out-of-Network		
Diagnostic Services/Labs/	Lab services: \$20 copay	Lab services: \$0 copay	Lab services: 40% coinsurance		
Imaging (Costs for these services may vary	Diagnostic procedures and tests: \$30 copay	Diagnostic procedures and tests: \$30 copay	Diagnostic procedures and tests: \$30 copay		
based on place of service.)	Diagnostic colonoscopies: \$0 copay	Diagnostic colonoscopies: \$0 copay	Diagnostic colonoscopies: \$0 copay		
	Diagnostic radiology services (such as MRI, CT and PET scans): \$200 copay	Diagnostic radiology services (such as MRI, CT and PET scans): \$200 copay	Diagnostic radiology services (such as MRI, CT and PET scans): \$200 copay		
	Diagnostic mammograms: \$0 copay	Diagnostic mammograms: \$0 copay	Diagnostic mammograms: \$0 copay		
	Therapeutic radiology services (such as radiation treatment for cancer): 20% coinsurance	Therapeutic radiology services (such as radiation treatment for cancer): 20% coinsurance	Therapeutic radiology services (such as radiation treatment for cancer): 40% coinsurance		
	X-rays: \$20 copay	X-rays: \$15 copay	X-rays: \$15 copay		
	Prior authorization may be required.	Prior authorization may be required.			
Hearing Services	Medicare-covered exam to diagnose and treat hearing and balance issues: \$20 copay	Medicare-covered exam to diagnose and treat hearin and balance issues: \$20 copay ::			
	A referral is required for Medicare-covered visits.				
	Routine hearing exam:	Routine hearing exam: \$20 copay			
	\$20 copay	\$1,000 Allowance for up to 2 hearing aids every 2 calendar years (both ears combined)			
		One fitting/evaluation for he years: \$0 copay	aring aids every 2 calendar		
	For details on an additional shared allowance that can be used on hearing products, see the Flexible Benefits Card section on page 47.	For details on an additional shared allowance that can be used on hearing products, see the Flexible Benefits Card section on page 47.			
Dental Services	Preventive dental services: \$0 copay	: Preventive dental services: \$0 copay			
	Preventive services include:	Preventive services includ	e (but aren't limited to*):		
	• Periodic oral evaluation (2 every calendar year)	 Periodic oral evaluation (2 every calendar year) 			

	Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network
Dental Services (continued)	 Comprehensive oral exam (2 every calendar year) Routine cleaning (2 every calendar year) Limited oral evaluations (2 every calendar year) Fluoride treatment (1 every calendar year) Horizontal bitewing or intraoral tomosynthesis bitewing X-ray(s) (up to 4, once every calendar year) Medicare-covered dental services: \$35 copay A referral is required to visit an oral surgeon for Medicare-covered services and those services may require a prior authorization. 	 periapical radiographic ima Intraoral complete series, vertical bitewings (7-8 ima image (once every 3 calent Intraoral occlusal radiogra (2 every calendar year) Medicare-covered dental series (In-Network) Prior authoriz Medicare-covered services por oral surgeon. Plan-covered comprehensive Comprehensive services (amalga protective restorations, crow Endodontics (root canal treat root canal therapy, apicoector retrograde filling) Periodontics (maintenance fiscaling and root planing, full cleaning," clinical crown lenge Extractions (simple extractions extractions, coronectomy) Major restoratives: prosther dentures—complete, partial of fixed dentures, including ret 	calendar year) 3 every calendar year) ry calendar year) (s) (up to 4), intraoral nd intraoral tomosynthesis age (once every calendar year) , intraoral tomosynthesis, ges), panoramic radiographic idar years) aphic image rvices: \$30 copay ation may be required for be reformed by an e services: \$0 copay lude (but aren't limited to*): am/resin fillings, inlays/onlays, vns and associated services) tment, retreatment my, pulpotomy and ollowing active therapy, mouth debridement "deep thening and gingivectomy) ions, surgical odontics (removable or immediate—overdentures, ainer crowns, endosteal rs, guided tissue regeneration) rd other services sedation, inhalation of sedation, occlusal analysis, ments) ridge or denture repair, ue conditioning, repair, eeth to existing partial or ine dentures and recement

	Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network	
Dental Services <i>(continued)</i>		Yearly maximum benefit for comprehensive services: \$5,		
		*See Evidence of Coverage for listing. Some limitations an	more details and a complete d exclusions apply.	
		shared allowance that can be le Benefits Card section on pa		
Vision Services	Each visit to a specialist, such as an ophthalmologist or optometrist, for Medicare- covered benefits: \$35 copay	Each visit to a specialist, such as an ophthalmologist or optometrist, for Medicare- covered benefits: \$30 copay	Each visit to a specialist, such as an ophthalmologist or optometrist, for Medicare- covered benefits: \$30 copay	
	Diabetic eye exams performed by a contracted specialist: \$0 copay	Diabetic eye exams performed by a contracted specialist: \$0 copay	Diabetic eye exams: \$30 copay	
	A referral is required for specialist visits.			
	1 Pair of Medicare-covered eyeglass lenses (standard plastic single, bifocal, trifocal or lenticular lenses) after each cataract surgery: \$0 copay	1 Pair of Medicare-covered eyeglass lenses (standard plastic single, bifocal, trifocal or lenticular lenses) after each cataract surgery: \$0 copay	1 Pair of Medicare-covered eyeglass lenses (standard plastic single, bifocal, trifocal or lenticular lenses) after each cataract surgery: 40% coinsurance	
	1 Pair of Medicare-covered eyeglass frames or contact lenses (or 2 six packs) after each cataract surgery: \$0 copay	1 Pair of Medicare-covered eyeglass frames or contact lenses (or 2 six packs) after each cataract surgery: \$0 copay	1 Pair of Medicare-covered eyeglass frames or contact lenses (or 2 six packs) after each cataract surgery: 40% coinsurance	
	Both Plans			
	Our plan pays up to \$200 for eyeglass frames or contact lenses after each cataract surgery 1 Routine eye exam every calendar year: \$0 copay Eye refractions and dilation are covered as part of the exam.			
	1 Pair of eyeglass lenses (standard plastic single, bifocal, trifocal or lenticular lenses) every calendar year: \$0 copay			
	Our plan pays up to \$200 for 1 pair of eyeglass frames or 1 pair of contact lenses (or 2 six packs) every calendar year: \$0 copay			
	Upgrades may be available a	t an additional cost.		
	For details on an additional Flexible Benefits Card sectio	shared allowance that can b on on page 47.	be used on eyewear, see the	

Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network	
Inpatient visit:	Inpatient visit:		
Our plan covers an unlimited number of days for an inpatient hospital stay.	Our plan covers an unlimited number of days for an inpatient hospital stay.		
 \$295 Copay per day, per stay: days 1–6 	• \$300 Copay per day, per s	tay: days 1–5	
 \$0 Copay per day, per stay: day 7 and beyond 	• \$0 Copay per day, per stay	v: day 6 and beyond	
Outpatient individual visit: \$15 copay	Outpatient individual visit: \$	15 copay	
Outpatient group visit: \$10 copay	Outpatient group visit: \$10 co	орау	
Prior authorization may be required.	Prior authorization may be required.		
The plan covers up to 100 days each benefit period. No prior hospital stay is required.	The plan covers up to 100 days each benefit period. No prior hospital stay is required.	The plan covers up to 100 days each benefit period. No prior hospital stay is required.	
 \$20 Copay per day, per stay: days 1–20 	 \$0 Copay per day, per stay: days 1–20 	40% Coinsurance per day, per stay: day 1 and beyond	
• \$125 Copay per day, per stay: days 21–100	• \$170 Copay per day, per stay: days 21–100		
Prior authorization is required.	Prior authorization is required.		
Admission to a new or different SNF facility within the same benefit period may start a new stay for copay administration purposes.	Admission to a new or different SNF facility within the same benefit period may start a new stay for copay administration purposes.		
	Inpatient visit: Our plan covers an unlimited number of days for an inpatient hospital stay. • \$295 Copay per day, per stay: days 1–6 • \$0 Copay per day, per stay: day 7 and beyond Outpatient individual visit: \$15 copay Outpatient group visit: \$10 copay Prior authorization may be required. The plan covers up to 100 days each benefit period. No prior hospital stay is required. • \$20 Copay per day, per stay: days 1–20 • \$125 Copay per day, per stay: days 21–100 Prior authorization is required. Admission to a new or different SNF facility within the same benefit period may start a new stay for copay administration	Essence Advantage (HMO)Choice (PPO) In-NetworkInpatient visit:Our plan covers an unlimited number of days for an inpatient hospital stay.Inpatient visit:Our plan covers an unlimited number of days for an inpatient hospital stay.Our plan covers an unlimited inpatient hospital stay.• \$295 Copay per day, per stay: day 7 and beyond Outpatient individual visit: \$15 copay• \$300 Copay per day, per stayOutpatient individual visit: \$10 copay• \$0 Copay per day, per stayPrior authorization may be required.Outpatient group visit: \$10 copayThe plan covers up to 100 days each benefit period. No prior hospital stay is required.The plan covers up to 100 days each benefit period. No prior hospital stay is required.The plan covers up to 100 days each benefit period. No prior hospital stay is required.The plan covers up to 100 days each benefit period. No prior hospital stay is required.• \$20 Copay per day, per stay: days 1–20• \$0 Copay per day, per stay: days 1–100Prior authorization is required.• \$0 Copay per day, per stay: days 21–100Prior authorization is required.• \$170 Copay per day, per stay: days 21–100Prior authorization is required.Admission to a new or different SNF facility within the same benefit period may start a new stay for copay administration	

	Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network			
Physical Therapy	Both Plans					
	\$40 Copay					
	A referral is required					
Ambulance	\$200 Copay	\$270 Copay				
	Both Plans					
	This copay applies to each o	ne-way trip.				
	Ambulance services are alwa	ays considered in-network.				
	Prior authorization may be r	equired for non-emergent tra	ansportation by ambulance.			
Transportation	\$0 Copay	\$0 Copay				
	Limited to 20 one-way trips to plan-approved health- related locations every year.	health-related locations every year.				
Medicare Part B Drugs	Part B drugs (other than Part B insulin): You'll pay the lesser of 20% or the adjusted beneficiary coinsurance amount as provided by the Centers for Medicare & Medicaid Services (CMS).	Part B drugs (other than Part B insulin): You'll pay the lesser of 20% or the adjusted beneficiary coinsurance amount as provided by the Centers for Medicare & Medicaid Services (CMS).Part B drugs (other t Part B insulin): You'll the lesser of 40% or a adjusted beneficiary coinsurance amount as provided by the Centers for Medicare & Medicaid Services (CMS).				
	Part B insulin (insulin administered through a durable medical equipment pump): You'll pay the lesser of \$35 or 20% coinsurance, for a one-month supply.	Part B insulin (insulin administered through a durable medical equipment pump): You'll pay the lesser of \$35 or 20% coinsurance, for a one-month supply.	Part B insulin (insulin administered through a durable medical equipment pump): You'll pay the lesser of \$35 or 20% coinsurance, for a one-month supply.			
	Prior authorization may be required.	Prior authorization may be required.				
	Both Plans					
	Amounts you pay for Part B d	lrugs count toward your maxii r Part D initial coverage limit	•			

Part D Prescription Drug Benefits

	Essence Advantage (HMO)			Essence Adva	antage Choice	(PPO)	
Deductible	Both Plans:	These plans do	on't have a ded	uctible.			
Initial Coverage	Both Plans						
	reach \$5,030. product cover	You won't pay ed by our plan	more than \$35	tables until yo for a one-mon aring tiers. Tota Part D plan.	th supply of ea	ch insulin	
	If you reside ir retail pharma		are facility, you	u pay the same	as at a standar	d	
				pharmacy at th ain situations i			
Preferred Retail Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply	
Tier 1 (Preferred Generic)	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	
Tier 2 (Generic)	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	
Tier 3 (Preferred Brand)	\$42 Copay	\$84 Copay	\$126 Copay	\$45 Copay	\$90 Copay	\$135 Copay	
Tier 4 (Non-Preferred Brand)	\$85 Copay	\$170 Copay	\$255 Copay	\$95 Copay	\$190 Copay	\$285 Copay	
Tier 5 (Specialty Drug)	33% Coinsurance	Not o	ffered	33% Coinsurance	Not o	offered	
Tier 6 (Insulins)	\$0 Copay	\$0 Copay	\$0 Copay		Tier 6 not offered. Insulins covered under tiers 1–5.		
Standard Retail Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply	
Tier 1 (Preferred Generic)	\$7 Copay	\$14 Copay	\$21 Copay	\$4 Copay	\$8 Copay	\$12 Copay	
Tier 2 (Generic)	\$12 Copay	\$24 Copay	\$36 Copay	\$12 Copay	\$24 Copay	\$36 Copay	
Tier 3 (Preferred Brand)	\$47 Copay	\$94 Copay	\$141 Copay	\$47 Copay	\$94 Copay	\$141 Copay	
Tier 4 (Non-Preferred Brand)	\$95 Copay	\$190 Copay	\$285 Copay	\$100 Copay	\$200 Copay	\$300 Copay	
Tier 5 (Specialty Drug)	33% Coinsurance	Not o	ffered	33% Coinsurance	Not o	ffered	
Tier 6 (Insulins)	\$0 Copay	\$0 Copay	\$0 Copay		ier 6 not offere covered under		

	Essence Advantage (HMO)			Essence Advantage Choice (PPO)		
Standard Mail-Order Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply
Tier 1 (Preferred Generic)	Not o	ffered	\$0 Copay	Not of	ffered	\$0 Copay
Tier 2 (Generic)	Not o	ffered	\$0 Copay	Not of	ffered	\$0 Copay
Tier 3 (Preferred Brand)	Not o	ffered	\$105 Copay	Not of	ffered	\$112.50 Copay
Tier 4 (Non-Preferred Brand)	Not o	ffered	\$212.50 Copay	Not of	ffered	\$237.50 Copay
Tier 5 (Specialty Drug)	33% Coinsurance	Not o	ffered	33% Coinsurance	Not o	ffered
Tier 6 (Insulins)	Not o	ffered	\$0 Copay	Tier 6 not offered. Insulins covered under tiers 1–5.		
Out-of-Network Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply
Tier 1 (Preferred Generic)	\$7 Copay	Not o	ffered	\$4 Copay	Not o	ffered
Tier 2 (Generic)	\$12 Copay	Not o	ffered	\$12 Copay	Not offered	
Tier 3 (Preferred Brand)	\$47 Copay	Not o	ffered	\$47 Copay	Not offered	
Tier 4 (Non-Preferred Brand)	\$95 Copay	Not offered		\$100 Copay	Not o	ffered
Tier 5 (Specialty Drug)	33% Coinsurance	Not offered		33% Coinsurance	Not o	ffered
Tier 6 (Insulins)	\$0 Copay	Not o	ffered	Tier 6 not offered. Insulins covered under tiers 1–5.		

	Essence Advantage (HMO)			Essence Advantage Choice (PPO)		
Coverage Gap	Both Plans Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means that there's a temporary change in what you'll pay for your drugs. The coverage gap begins after the total yearly drug cost (including what your plan has paid and what you've paid) reaches \$5,030. After you enter the coverage gap, you pay 25% of the plan's cost for covered brand-name drugs until your out-of-pocket costs total \$8,000, which is the end of the coverage gap. Not everyone will enter the coverage gap. During the coverage gap, for tiers 1 and 2, you'll pay the same as during the initial coverage phase, or 25% of the drug cost (whichever is lower). Coverage gap costs for tiers 1 and 2 are shown in the following table. You'll need to use your formulary to locate your drug's tier. Important—you won't pay more than \$35 for a one-month supply of each insulin product covered by our plan for all cost-sharing tiers.					
Preferred Retail Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply
Tier 1 (Preferred Generic)	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay
Tier 2 (Generic)	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay
Standard Retail Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply
Tier 1 (Preferred Generic)	\$7 Copay	\$14 Copay	\$21 Copay	\$4 Copay	\$8 Copay	\$12 Copay
Tier 2 (Generic)	\$12 Copay	\$24 Copay	\$36 Copay	\$12 Copay	\$24 Copay	\$36 Copay
Standard Mail-Order Cost-Sharing	30-Day Supply	60-Day Supply	90-Day Supply	30-Day Supply	60-Day Supply	90-Day Supply
Tier 1 (Preferred Generic)	Not o	ffered	\$0 Copay	Not o	ffered	\$0 Copay
Tier 2 (Generic)	Not of	Not offered \$0 Copay Not offered \$0 Copay				\$0 Copay
Catastrophic Coverage		Both Plans After your yearly out-of-pocket drug costs reach \$8,000, you pay \$0 for all plan-covered drugs.				

Cost-sharing may change depending on the pharmacy you choose.

Other Covered Benefits

	Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network	
Acupuncture	Medicare-covered services (chronic low back pain), up to 20 visits per calendar year: \$35 copay per visit	Medicare-covered services (chronic low back pain), up to 20 visits per calendar year: \$30 copay per visit		
Chiropractic	Both Plans	I		
Care	Manual manipulation of the	spine to correct subluxation:	\$20 copay	
	A referral is required.			
Diabetes Supplies	Diabetes self-management training: \$0 copay	Diabetes self-management t	raining: \$0 copay	
and Services	Diabetes monitoring supplies (including blood glucose monitors, lancets and blood glucose test strips*): \$0 copay	Diabetes monitoring supplies (including blood glucose monitors, lancets and blood glucose test strips*): \$0 copay When glucose meters and test strips are obtained at a pharmacy, coverage is limited to specific Abbott products.		
	When glucose meters and test strips are obtained at a pharmacy, coverage is limited to specific Bayer/ Ascensia products.			
	Diabetic therapeutic custom-molded shoes or inserts: 20% coinsurance	Diabetic therapeutic custom 20% coinsurance	-molded shoes or inserts:	
	*See Evidence of Coverage for a complete listing.	*See Evidence of Coverage fo	or a complete listing.	
	Authorization is required for some items (e.g., diabetic custom-molded shoes and inserts, continuous glucose meters, insulin pumps).	custom-molded shoes and		
Durable Medical Equipment (wheelchairs, oxygen, etc.)	20% Coinsurance Prior authorization may be required.	20% Coinsurance Prior authorization may be required.	40% Coinsurance	

		Essence Advantage	Essence Advantage		
	Essence Advantage (HMO)	Choice (PPO)	Choice (PPO)		
		In-Network	Out-of-Network		
Flexible Benefits Card	\$55 Shared credit per quarter, supplied in the form of a debit card, provided by WEX, to use on certain non-Medicare-covered dental, vision and hearing products and services as well as health-related over-the-counter (OTC) items.	\$151 Shared credit per quarter, supplied in the form of a debit card, provided by WEX, to use on certain non- Medicare-covered dental, vision and hearing products and services as well as health-related over-the-counter (OTC) items.			
	Both Plans				
	Flex Card may be used with be the Flex Card can be used at a	now much of the allowance car oth in-network and out-of-netw approved retail locations and t over from quarter to quarter b	vork providers. For OTC items, the online Essence OTC Store.		
	The Flex Card isn't a credit ca premiums or for non-covere	ard. It can't be converted to cash or used to pay plan d Flex Card services.			
	For more information, please	se see the Evidence of Coverage.			
Foot Care	\$35 Copay	\$30 Copay			
(podiatry services)	A referral is required.				
Home	\$0 Copay	\$0 Copay	40% Coinsurance		
Healthcare	A referral is required.	Prior authorization is required.			
Hospice	-	re-certified hospice program, es related to your terminal pr ce Healthcare.			
Outpatient	Both Plans				
Substance Abuse	Individual visit: \$15 copay				
Abuse	Group visit: \$10 copay				
	Prior authorization may be required.	Prior authorization may be required.			
Outpatient Rehabilitation	Cardiac rehabilitation services: \$20 copay per day	Cardiac rehabilitation service	es: \$15 copay per day		
Services	ervices Occupational, speech and language therapy visits: \$40 copay				
	A separate copayment for occupational therapy will apply if other outpatient therapy services are rendered on the same day.	A separate copayment for occupational therapy will apply if other outpatient therapy services are rendered on the same day.			
	A referral is required.	Prior authorization may be required.			

	Essence Advantage (HMO)	Essence Advantage Choice (PPO) In-Network	Essence Advantage Choice (PPO) Out-of-Network		
Over-the- Counter (OTC) Coverage	\$55 Credit per quarter, supplied in the form of a debit card (Flexible Benefits Card) provided by WEX.	\$151 Credit per quarter, supplied in the form of a debit card (Flexible Benefits Card) provided by WEX.			
	Both Plans	1			
	Allowance is shared between health-related OTC items, dental, vision and hearing. For more information, see the Flexible Benefits Card section on page 47.				
Prosthetic	Both Plans				
Devices	Prosthetic devices: 20% coir	isurance			
	Related medical supplies: 20	% coinsurance			
	Prior authorization may be required.	Prior authorization may be required.			
Virtual/ Telehealth	\$0-\$40 Copay	\$0-\$40 Copay	\$10-\$40 Copay		
Visits	You'll pay the same copay for the virtual/telehealth visit as if the services were received in the provider's office.	You'll pay the same copay for the virtual/telehealth visit as if the services were received in the provider's office.	You'll pay the same copay for the virtual/telehealth visit as if the services were received in the provider's office.		
	A referral or authorization may be required (matches requirement for in-person visits).	Prior authorization may be required (matches requirement for in-person visits).			
Wellness	Both Plans				
Programs	Health club membership/fitness classes through SilverSneakers®: \$0 copay				

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-866-947-5817 (TTY: 711).

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs and benefits before you enroll. Visit EssenceHealthcare.com or call 1-866-947-5817 (TTY: 711) to view a copy of the EOC.
- Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. See Understanding Important Rules for information regarding the rules for seeing providers outside of our network.
 - Review the Provider Directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
 - Review the formulary to make sure your drugs are covered.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/coinsurance may change on January 1, 2025.
- For our HMO plan, except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the Provider Directory).
- Our PPO plan allows you to see providers outside of our network (non-contracted providers). However, while we pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you may pay a higher copay for services received by non-contracted providers.
- **Effect on Current Coverage.** If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.



















































Enrollment Information

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Medicare Enrollment Periods

Medicare has different enrollment periods for Medicare beneficiaries. The chart below explains the enrollment periods, their time frames and requirements for enrolling during that time.



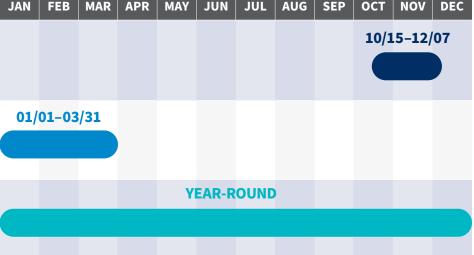
Switch, drop or join a different Medicare plan.*

Open Enrollment Period (OEP)

Make a one-time election to change your Medicare Advantage plan.*

Special Enrollment Period (SEP)

Enroll in a Medicare plan if you qualify.**



*You can also switch to Original Medicare as well as add or drop Part D coverage.

**Examples of when you'd qualify include a recent move, leaving employer or union coverage, or having a 5-star-rated plan available in your area.



How to Enroll

Below are ways you can enroll in an Essence plan.



Enroll with your licensed Essence agent or insurance broker.

Your agent or broker can help you complete the enrollment application.



Enroll over the phone.

Simply give us a call and an experienced local Essence representative will be happy to enroll you over the phone. Call toll-free: 1-866-947-5817 (TTY: 711), 8 a.m. to 8 p.m., seven days a week.



Enroll online. Go to **EssenceHealthcare.com** and click "Enroll Now."



Enroll by mail.

Complete the enrollment application located in the back of this kit and mail it using the postage paid envelope included.

Enrollment Application Checklist

To get started, you'll need an enrollment application (located in the back of this booklet), your Medicare ID card and a pen. Use the Enrollment Application Checklist below to help ensure all parts of the application are filled out.

Enrollment Application Checklist

1.	Select a plan. Be sure to choose only one plan name.	0
2.	Fill in your: O Name O Birth date O Sex O Phone number O Address O Mailing address (if different than your permanent residence address) O Email address (optional)	0
3.	Fill in your Medicare number.	0
4.	Answer the Yes/No question in Section 1. If you answer "Yes," please fill out the additional information necessary.	0
5.	Read the bulleted section labeled IMPORTANT for an explanation of enrollment rules and your rights under this plan.	0
6.	Sign the enrollment application. You or your authorized representative must sign and date the form.	0
7.	Answer the questions in Section 2. (Please note all fields are optional, and you can't be denied coverage if you decide not to fill them out.)	0
8.	Fill in your primary care physician ID number and name if you have one. You may be able to find it in the Provider Directory online or by calling the number listed below.	0
9.	Select a payment option in case you owe a late-enrollment penalty. If you're unsure about a possible penalty, skip to the next item.	0
10.	Mail your application to the address listed on the enrollment application.	0

Have questions about the enrollment application?

We'd be happy to help. Just give us a call toll-free at 1-866-947-5817 (TTY: 711). Our telephone lines are open seven days a week from 8 a.m. to 8 p.m. You may reach a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message, and your call will be returned the next business day.

What to Expect After Enrollment

Enrolling in an Essence plan is the beginning of many things: benefits designed to get and keep you healthy during any stage of life, having a healthcare team who works hard for you from the minute you sign up, and it's the start of a plan that eliminates roadblocks and increases financial security so you can focus on your health. We hope you're as excited as we are for this new journey. Here's a list of items to expect after you enroll.



Receipt of Your Completed Enrollment Application

Depending on how you enroll, you'll get a copy of the receipt or a confirmation number. If you enrolled via paper form, you'll get an enrollment verification letter instead.



Enrollment Verification Letter

This letter confirms your intent to enroll in an Essence plan and summarizes the conditions and terms of becoming an Essence member.



Member ID Card

You'll receive two member ID cards in the mail. Be sure to bring your new member ID card every time you visit the doctor, hospital, pharmacy or dentist.



Welcome Kit

This kit includes important plan information and documents needed to get familiar with your plan.



Financial Assistance Letter

If you qualify, you may receive a letter on how to get extra help with your Medicare premiums and other healthcare costs.



















































2024 Enrollment Request Form



Use this form to enroll in an Essence Healthcare plan.

Who can use this form?

People with Medicare who want to join a Medicare Advantage Plan.

To join a plan, you must:

- Be a United States citizen or be lawfully present in the U.S.
- Live in the plan's service area

Important: To join a Medicare Advantage Plan, you must also have both:

- Medicare Part A (Hospital Insurance)
- Medicare Part B (Medical Insurance)

When do I use this form?

You can join a plan:

- Between October 15 December 7 each year (for coverage starting January 1)
- Within 3 months of first getting Medicare
- In certain situations where you're allowed to join or switch plans

Visit Medicare.gov to learn more about when you can sign up for a plan.

What do I need to complete this form?

- Your Medicare Number (the number on your red, white, and blue Medicare Card)
- Your permanent address and phone number

Note: You must complete all items in Section 1. The items in Section 2 are optional – you can't be denied coverage because you don't fill them out.

Reminders:

- If you want to join a plan during fall open enrollment (October 15 – December 7), the plan must get your completed form by December 7.
- Your plan will send you a monthly invoice for the plan's premium and any applicable Late Enrollment Penalty. You can choose to sign up to have your premium payments deducted from your bank account or your monthly Social Security (or Railroad Retirement Board) benefit.

What happens next?

Send your completed and signed form to:

Essence Healthcare P.O. Box 12487 St. Louis, MO 63132 You can also enroll online at EssenceHealthcare.com.

Once we process your request to join, we'll contact you.

How do I get help with this form?

Call Essence Healthcare at 1-866-947-5816. TTY users can call 711. Or, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

En español: Llame a Essence Healthcare al 1-866-947-5816 (TTY: 711) o a Medicare gratis al 1-800-633-4227 y oprima el 2 para asistencia en español y un representante estará disponible para asistirle.

Individuals experiencing homelessness

• If you want to join a plan but have no permanent residence, a Post Office Box, an address of a shelter or clinic, or the address where you receive mail (e.g., social security checks) may be considered your permanent residence address.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1378. The time required to complete this information is estimated to average 20 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have any comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

IMPORTANT: Do not send this form or any items with your personal information (such as claims, payments, medical records, etc.) to the PRA Reports Clearance Office. Any items we get that aren't about how to improve this form or its collection burden (outlined in OMB 0938-1378) will be destroyed. It will not be kept, reviewed, or forwarded to the plan. See "What happens next?" on this page to send your completed form to the plan.

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Please contact Essence Healthcare Sales at 1-866-947-5816 if you need assistance completing this form. TTY users can call the national relay service toll-free at 711.



Section 1 - All fields on this page are required (unless marked optional)

Select the plan you want to join:

- Essence Advantage® (HMO) H2610-005 (St. Louis Area*) \$0 per month
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- Essence Advantage[®] Choice (PPO) H6200-001 (St. Louis Area*) \$0 per month
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- □ Essence Advantage[®] (HMO) H2610-011 (Boone County) \$0 per month
- Essence Advantage[®] Choice (PPO) H6200-003 (Boone County) \$0 per month

*Includes St. Louis City and the Missouri counties of Crawford, Franklin, Gasconade, Jefferson, Lincoln, Montgomery, St. Charles, St. Louis, Warren and Washington, and the Illinois counties of Bond, Clinton, Jersey, Macoupin, Madison, Monroe and St. Clair

Your Information

FIRST Name:	LAST Name:		Middle Initial (Optional):	
Birth Date (MM/DD/YYYY):///		Phone Number (Select p		· ·
Sex: 🗆 Male 🛛 Female		□ Home ()_		
Permanent Residence Street Address (Do n	ot enter a	PO Box):	County	v (Optional):
City:		State:	Zip Coo	de:

Mailing Address, if different from your permanent address (PO Box allowed): Street Address:

City:	State:	Zip Code:

E-mail address (Optional):

Save paper, go paperless! (Optional)

□ **Email Opt-in: Member Communications** I want to receive important reminders, benefit education information, program discounts, and general health information by email.

Your Medicare Information

Medicare Number:

Answer these important questions:

Will you have other prescription drug coverage (like VA, TRICARE) in addition to Essence Healthcare?

🗆 Yes 🗆 No

If "yes," please list your other coverage and your identification (ID) number(s) for this coverage. If you have coverage through TRICARE, the VA, an employer/union, your coverage may be affected once your MA coverage starts. Please contact TRICARE, the VA, or your employer/union for more information.

Name of other coverage:

Member number for this coverage: Group number for this coverage:

IMPORTANT: Read and Sign Below:

- I must keep both Hospital (Part A) and Medical (Part B) to stay in Essence Healthcare.
- By joining this Medicare Advantage plan, I acknowledge that Essence Healthcare will share my information with Medicare, who may use it to track my enrollment, and with other plans to make payments, and for other purposes allowed by Federal Law that authorize the collection of this information (see Privacy Act Statement below).
- Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.
- The information on this enrollment form is correct to the best of my knowledge. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.
- I understand that people with Medicare are generally not covered under Medicare while out of the country, except for limited coverage near the U.S. border.
- I understand that when my Essence Healthcare coverage begins, I must get all of my medical and prescription drug benefits from Essence Healthcare. Benefits and services provided by Essence Healthcare and contained in my Essence Healthcare "Evidence of Coverage" document (also known as a member contract or subscriber agreement) will be covered. Neither Medicare nor Essence Healthcare will pay for benefits or services that are not covered. I will read the Evidence of Coverage document from Essence Healthcare when I get it to know which rules I must follow to get coverage with this Medicare Advantage plan. You can also find the Evidence of Coverage, Star Ratings and Summary of Benefits for an Essence plan at EssenceHealthcare.com.
- Once I am a member of Essence Healthcare, I understand that I have the right to appeal plan decisions about payment or services if I disagree.
- I understand that I can be enrolled in only one MA or Part D plan at a time and that enrollment in this plan will automatically end my enrollment in another MA or Part D plan.
- I understand that my signature (or the signature of the person legally authorized to act on my behalf) on this application means that I have read and understand the contents of this application. If signed by an authorized representative (as described above), this signature certifies that:
 - 1) This person is authorized under State law to complete this enrollment, and
 - 2) Documentation of this authority is available upon request by Medicare.

Signature:	Today's Date:		
If you are the authorized representative, sign above and fill out these fields:			

Name:

Address:	Relationship to Enrollee:	Phone Number:

Section 2 – All fields ii	n this section are	eoptional			
Answering these questi You cannot be denied co	-		fill them out.		
Are you of Hispanic, Lat □ No, not of Hispanic, La □ Yes, Puerto Rican □ Yes, another Hispanic,	atino/a, or Spanish o	origin [ect all that apply.] Yes, Mexican, Mexica] Yes, Cuban] I choose not to answ		an, Chicano/a
What is your race? Select American Indian or Ala Chinese Japanese Other Asian Vietnamese		□ Asian In □ Filipino □ Korean □ Other P □ White	dian acific Islander	□ Guam □ Native □ Samo	or African American anian or Chamorro e Hawaiian an ose not to answer.
Communication Option Select one if your prefe Arabic German Portuguese			nguage other than Er] French] Korean] Tagalog	□ Fre	ench Creole lish etnamese
Select one if you want u Arabic German Portuguese	us to send you info □ Chinese □ Gujarati □ Spanish		a language other th] French] Korean] Tagalog	□ Fre □ Po	ench Creole
Select one if you want u	is to send you info □ Large Print	ormation in	an accessible forma	t.	
Please contact Essence H language other than wha those listed above. Our o service on weekends fror	t is listed above or ffice hours are 8:00	if your prefe a.m. to 8:0	erred spoken language 0 p.m., 7 days a week.	e is a lang You may	uage other than receive a messaging
List your primary care	e physician (PCP)), clinic or	health center:		
Primary Care Physician (F Dr	Last Name)		PCP # from Provider Directory:		Is this your current physician? □ Yes □ No
STOP	PLEASE READ T	HIS IMPO	RTANT INFORMATIC	DN STOP	

If you currently have health coverage from an employer or union, joining Essence Healthcare could affect your employer or union health benefits. You could lose your employer or union health coverage if you join Essence Healthcare. Read the communications your employer or union sends you. If you have questions, visit their website or contact the office listed in their communications. If there isn't any information on whom to contact, your benefits administrator or the office that answers questions about your coverage can help.

Paying your plan premiums

Whether you are enrolled in a premium or non-premium plan, you may pay your plan premium and any applicable Late Enrollment Penalty that you have or may owe **by automatic deduction from your Social Security (SSA) or Railroad Retirement Board (RRB) benefit check.** You may also choose to pay by Electronic Funds Transfer (EFT) from your bank, Credit card, Debit card, or check via mail each month.

If you have to pay a Part-D Income Related Monthly Adjustment Amount (Part D-IRMAA), you must pay this extra amount in addition to your plan premium. The amount is usually taken out of your Social Security Benefit, or you may get a bill from Medicare (or the RRB). DON'T pay Essence Healthcare the Part D-IRMAA.

People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If eligible, Medicare could pay for 75% or more of your drug costs, including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not be subject to the coverage gap or a late enrollment penalty. Many people are eligible for these savings and don't even know it. For more information about this Extra Help, contact your local Social Security office, or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778. You can also apply for Extra Help online at www.socialsecurity.gov/prescriptionhelp.

If you qualify for Extra Help with your Medicare prescription drug coverage costs, Medicare will pay all or part of your plan premium. If Medicare pays only a portion of this premium, we will bill you for the amount that Medicare does not cover.

Please select a premium payment option:

□ Automatic deduction from your monthly Social Security or Railroad Retirement Board (RRB) benefit check.

I get monthly benefits from: Social Security RRB

It can take up to 90 days to receive SSA/RRB withhold acceptance. SSA/RRB will begin deducting on the date of acceptance. Members will receive an invoice for any months prior to the withhold acceptance date by SSA/RRB, which will be their responsibility to pay. In limited circumstances, Medicare may not allow for the SSA/RRB deduction option and may instruct the plan to directly bill the member. If this occurs, you will be notified in writing. If you select this payment option, you will not receive a monthly invoice.

Electronic Funds Transfer (EFT) from your bank account each month.

If you choose to have the funds taken directly out of your checking account, this is referred to as Electronic Funds Transfer (EFT). If you elect this method of payment, you will receive a letter from the plan requesting a Voided Check be returned with the letter for account setup. Do not submit a voided check at time of enrollment. Your request will be processed within 60 business days of receipt of returned voided check and letter. Premiums are deducted from your bank account on the 2nd day of the month for the current month's coverage. If you select this payment option, you will not receive a monthly invoice.

□ Direct Pay

A monthly invoice will be mailed to you and you can choose whether to pay by check, money order, or online.

PRIVACY ACT STATEMENT

The Centers for Medicare & Medicaid Services (CMS) collects information from Medicare plans to track beneficiary enrollment in Medicare Advantage (MA) Plans, improve care, and for the payment of Medicare benefits. Sections 1851 and 1860D-1 of the Social Security Act and 42 CFR §§ 422.50, 422.60, 423.30 and 423.32 authorize the collection of this information. CMS may use, disclose and exchange enrollment data from Medicare beneficiaries as specified in the System of Records Notice (SORN) "Medicare Advantage Prescription Drug (MARx)", System No. 09-70-0588. Your response to this form is voluntary. However, failure to respond may affect enrollment in the plan.

FOR OFFICE USE ONLY							
Confirmation # (Quick Entry or Phone Enroll):			Application Lo	g #:	Plan Receipt Date:		
Plan ID #:			Effective Date	of Coverage:			
Election Periods:	🗆 ICEP (I)	🗆 IEP (E)	□ 2 nd IEP (F)	🗆 АЕР (А)	□ OEP (M)	🗆 ОЕРІ (Т)	

Special Election Periods (Must check all that apply):

SEP (S)	
□ SPAP (38)	□ Lawfully Present (37)
🗆 Retro Entitlement (32)	Loss of SNP (35)
🗆 Contract/Plan Non-Renewal (12)	Involuntary Loss/Cred. Coverage (22)
🗆 Contract Term – Immediate (11)	🗖 Contract Term – MAO (12)
🗆 Contract Term – CMS (11)	Plan Placed in Receivership (39)
FEMA/Disaster (01)	Accessible Format Delay (21)
CMS Identified Consistent Poor Performing Plan (40)	PACE Transition (27)
🗆 Cost Plan Non-Renewal (28)	🗆 Part B General Enrollment (34)
SEP (V) Permanent Move	
SEP (W) Gain or Loss of Employer Coverage	
SEP (L) Allowed once per Quarter	
Dual Eligible/Has Medicaid	Has Non-Dual with LIS
SEP (U)	
☐ Gain/Loss/Change in Dual Eligible Status ☐ Gain/Loss/Change in Non-Dual LIS	□ Gain/Loss/Change of Medicaid
SEP (R)	
□ 5-Star SEP	

Producer Name:	Producer NPN:	Application Receipt
		Date:

2024 Enrollment Request Form



Use this form to enroll in an Essence Healthcare plan.

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Once we process your request to join, we'll contact you.

How do I get help with this form?

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En español: Llame a Essence Healthcare al 1-866-947-5816 (TTY: 711) o a Medicare gratis al 1-800-633-4227 y oprima el 2 para asistencia en español y un representante estará disponible para asistirle.

Individuals experiencing homelessness

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*Includes St. Louis City and the Missouri counties of Crawford, Franklin, Gasconade, Jefferson, Lincoln, Montgomery, St. Charles, St. Louis, Warren and Washington, and the Illinois counties of Bond, Clinton, Jersey, Macoupin, Madison, Monroe and St. Clair

Your Information

FIRST Name:	LAST Name:		Middle Initial (Optional):	
Birth Date (MM/DD/YYYY):///		Phone Number (Select p		
Sex: 🗆 Male 🛛 Female		□ Home ()_		
Permanent Residence Street Address (Do n	ot enter a	PO Box):	County	v (Optional):
City:		State:	Zip Coo	de:

Mailing Address, if different from your permanent address (PO Box allowed): Street Address:

City:	State:	Zip Code:

E-mail address (Optional):

Save paper, go paperless! (Optional)

□ **Email Opt-in: Member Communications** I want to receive important reminders, benefit education information, program discounts, and general health information by email.

Your Medicare Information

Medicare Number:

Answer these important questions:

Will you have other prescription drug coverage (like VA, TRICARE) in addition to Essence Healthcare?

🗆 Yes 🗆 No

If "yes," please list your other coverage and your identification (ID) number(s) for this coverage. If you have coverage through TRICARE, the VA, an employer/union, your coverage may be affected once your MA coverage starts. Please contact TRICARE, the VA, or your employer/union for more information.

Name of other coverage:

Member number for this coverage: Group number for this coverage:

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 - 1) This person is authorized under State law to complete this enrollment, and
 - 2) Documentation of this authority is available upon request by Medicare.

Signature:	Today's Date:	
If you are the authorized representative, sign above and fill out these fields:		

Name:

Address:	Relationship to Enrollee:	Phone Number:

Section 2 – All fields ir	ithis section are	optional			
Answering these questi You cannot be denied co	-		fill them out.		
Are you of Hispanic, Lat □ No, not of Hispanic, La □ Yes, Puerto Rican □ Yes, another Hispanic,	tino/a, or Spanish o	origin [ect all that apply.] Yes, Mexican, Mexica] Yes, Cuban] I choose not to answ		an, Chicano/a
What is your race? Select American Indian or Ala Chinese Japanese Other Asian Vietnamese		□ Asian In □ Filipino □ Korean □ Other P □ White	dian acific Islander	□ Guam □ Native □ Samo	or African American anian or Chamorro Hawaiian an ose not to answer.
Communication Options Select one if your prefer Arabic German Portuguese			nguage other than Er] French] Korean] Tagalog	□ Fre	ench Creole lish etnamese
Select one if you want u Arabic German Portuguese	s to send you info □ Chinese □ Gujarati □ Spanish		a language other th] French] Korean] Tagalog	□ Fre □ Po	ench Creole
Select one if you want us to send you information in an accessible format.					
Please contact Essence H language other than what those listed above. Our of service on weekends from	t is listed above or i ffice hours are 8:00	if your prefe a.m. to 8:0	erred spoken language 0 p.m., 7 days a week.	is a lang You may	uage other than receive a messaging
List your primary care	e physician (PCP)	, clinic or	health center:		
Primary Care Physician (P Dr	ast Name)		PCP # from Provider Directory:		Is this your current physician? □ Yes □ No
STOP	PLEASE READ T	HIS IMPO	RTANT INFORMATIC	N STOP	

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Electronic Funds Transfer (EFT) from your bank account each month.

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□ Direct Pay

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FOR OFFICE USE ONLY						
Confirmation # (Quick Entry or Phone Enroll):		Application Lo	g #:	Plan Receipt Date:		
Plan ID #:		Effective Date of Coverage:				
Election Periods:	🗆 ICEP (I)	🗆 IEP (E)	□ 2 nd IEP (F)	🗆 АЕР (А)	□ OEP (M)	🗆 ОЕРІ (Т)

Special Election Periods (Must check all that apply):

SEP (S)	
□ SPAP (38)	Lawfully Present (37)
🗆 Retro Entitlement (32)	Loss of SNP (35)
🗆 Contract/Plan Non-Renewal (12)	Involuntary Loss/Cred. Coverage (22)
🗆 Contract Term – Immediate (11)	🗖 Contract Term – MAO (12)
🗆 Contract Term – CMS (11)	Plan Placed in Receivership (39)
FEMA/Disaster (01)	Accessible Format Delay (21)
CMS Identified Consistent Poor Performing Plan (40)	PACE Transition (27)
🗆 Cost Plan Non-Renewal (28)	🗖 Part B General Enrollment (34)
SEP (V) Permanent Move	
SEP (W) Gain or Loss of Employer Coverage	
SEP (L) Allowed once per Quarter	
Dual Eligible/Has Medicaid	□ Has Non-Dual with LIS
SEP (U)	
□ Gain/Loss/Change in Dual Eligible Status □ Gain/Loss/Change in Non-Dual LIS	□ Gain/Loss/Change of Medicaid
/- \	
SEP (R)	
□ 5-Star SEP	

Producer Name:	Producer NPN:	Application Receipt
		Date:

Scope of Appointment

The Centers for Medicare & Medicaid Services requires agents to document the scope of a marketing appointment prior to any individual sales meeting to ensure understanding of what will be discussed between the agent and the Medicare beneficiary (or their authorized representative). All information provided on this form is confidential and should be completed by the person enrolling in a Medicare plan, or their authorized representative.

Please initial below beside the type of product(s) you want the agent to discuss.

(Refer to the following page for product type descriptions.)

Stand-Alone Medicare Prescription Drug Plans (Part D)
Medicare Advantage Plans (Part C) and Cost Plans
Dental/Vision/Hearing Products
Hospital Indemnity Products
Medicare Supplement (Medigap) Products

By signing this form, you agree to a meeting with a sales agent to discuss the types of products you initialed above. Please note, the person who'll discuss the products is either employed or contracted by a Medicare plan. They <u>don't</u> work directly for the federal government. This individual may also be paid based on your enrollment in a plan. Signing this form DOESN'T obligate you to enroll in a plan, affect your current or future Medicare enrollment status or automatically enroll you in the plan(s) discussed.

Beneficiary or Authorized Representative Signature and Signature Date:

Signature:		Date:
If you're the authorized representative, please sign	above and print below.	
Representative's Name:	Your Relationship to the Beneficiary:	

To Be Completed by Agent:

Agent Name:	Agent Phone Number:
Beneficiary Name:	Beneficiary Phone Number:

Beneficiary Address:

Initial Method of Contact: (Indicate here if beneficiary was a walk-in.)

Agent's Signature:

Plan(s) the Agent Represented During This Meeting: Date Appointment Completed:

Scope of Appointment documentation is subject to CMS record retention requirements.

Y0027_24-099_C

Stand-Alone Medicare Prescription Drug Plans (Part D)

Medicare Prescription Drug Plan (PDP): A stand-alone drug plan that adds prescription drug coverage to Original Medicare, some Medicare Cost Plans, some Medicare Private-Fee-for-Service Plans and Medicare Medical Savings Account Plans.

Medicare Advantage Plans (Part C) and Cost Plans

Medicare Health Maintenance Organization (HMO) Plan: A Medicare Advantage Plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. In most HMOs, you can only get your care from doctors or hospitals in the plan's network (except in emergent or urgent situations).

Medicare Preferred Provider Organization (PPO) Plan: A Medicare Advantage Plan that provides all Original Medicare Part A and Part B health coverage and sometimes covers Part D prescription drug coverage. PPOs have network doctors and hospitals but you can also use out-of-network providers, usually at a higher cost.

Medicare Private Fee-For-Service (PFFS) Plan: A Medicare Advantage Plan in which you may go to any Medicare-approved doctor, hospital and provider that accepts the plan's payment, terms and conditions and agrees to treat you; not all providers will. If you join a PFFS Plan that has a network, you can see any of the network providers who've agreed to always treat plan members. You'll usually pay more to see out-of-network providers.

Medicare Point of Service (POS) Plan: A type of Medicare Advantage Plan available in a local or regional area, which combines the best feature of an HMO with an out-of-network benefit. Like the HMO, members are required to designate an in-network physician to be the primary healthcare provider. You can use doctors, hospitals and providers outside of the network for an additional cost.

Medicare Special Needs Plan (SNP): A Medicare Advantage Plan that has a benefit package designed for people with special healthcare needs. Examples of the specific groups served include people who have both Medicare and Medicaid, people who reside in nursing homes and people who have certain chronic medical conditions.

Medicare Medical Savings Account (MSA) Plan: MSA Plans combine a high deductible health plan with a bank account. The plan deposits money from Medicare into the account. You can use it to pay your medical expenses until your deductible is met.

Medicare Cost Plan: In a Medicare Cost Plan, you can go to providers both in and out of network. If you get services outside of the plan's network, your Medicare-covered services will be paid for under Original Medicare, but you'll be responsible for Medicare coinsurance and deductibles.

Medicare-Medicaid Plan (MMP): An MMP is a private health plan designed to provide integrated and coordinated Medicare and Medicaid benefits for dual-eligible Medicare beneficiaries.

Dental/Vision/Hearing Products

Plans offering additional benefits for consumers who are looking to cover needs for dental, vision or hearing. These plans aren't affiliated or connected to Medicare.

Hospital Indemnity Products

Plans offering additional benefits that are payable to consumers based upon their medical utilization; they're sometimes used to defray copays/coinsurance. These plans aren't affiliated or connected to Medicare.

Medicare Supplement (Medigap) Products

Plans offering a supplemental policy to fill "gaps" in Original Medicare coverage. A Medigap policy typically pays some or all of the deductible and coinsurance amounts applicable to Medicare-covered services and sometimes covers items and services that aren't covered by Medicare, such as care outside of the country. These plans aren't affiliated or connected to Medicare.

Essence Healthcare includes HMO and PPO plans with Medicare contracts. Enrollment in Essence Healthcare depends on contract renewal. Essence Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Receipt of Application



Use this form to record the receipt of your signed and completed Essence Healthcare application form. Make sure to keep this document for your files.

Online Enrollment

Confirmation Code

Paper Enrollment

Agent Name

Date

Agent Phone Number

You can contact Essence directly at 1-866-597-9560 (TTY: 711) from 8 a.m. to 8 p.m., seven days a week. You may reach a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message, and your call will be returned the next business day.

Essence Healthcare includes HMO and PPO plans with Medicare contracts. Enrollment in Essence Healthcare depends on contract renewal. Essence Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Y0027_24-100_C



























































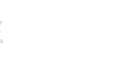




























Multi-Language Insert

Multi-language Interpreter Services

English: We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-866-597-9560 (TTY: 711). Someone who speaks English/Language can help you. This is a free service.

Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-866-597-9560 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

Chinese Mandarin: 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。 如果您需要此翻译服务,请致电1-866-597-9560 (TTY: 711).我们的中文工作人员很乐意帮 助您。这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯 服務。如需翻譯服務,請致電 1-866-597-9560 (TTY: 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog: Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-866-597-9560 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

French: Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-866-597-9560 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

Vietnamese: Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-866-597-9560 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

German: Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-866-597-9560 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

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Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-866-597-9560 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Russian: Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-866-597-9560 (ТТҮ: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY: 711) 0560-597-9560 . سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-866-597-9560 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

Italian: È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-866-597-9560 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

Portuguese: Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-866-597-9560 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-866-597-9560 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

Polish: Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-866-597-9560 (TTY: 711). Ta usługa jest bezpłatna.

Japanese: 当社の健康健康保険と薬品処方薬プランに関するご質問にお答えするために、無料の通訳サービスがありますございます。通訳をご用命になるには、

1-866-597-9560 (TTY: 711)にお電話ください。日本語を話す人者が支援いたします。 これは無料のサービスです。

Y0027_22-1273_C Form CMS-10802 (Expires 12/31/25)

Star Ratings & FAQs

RATINGS & FAQS

Frequently Asked Questions

Part of making sure you're getting the best coverage for your unique needs is having no unanswered questions. Listed below are some of the most common questions we hear from Medicare shoppers. If you have additional questions, one of our customer service team members is ready and waiting to help; just give us a call at 1-866-947-5817 (TTY: 711).



"There's no monthly premiums, but I still get the same coverage I had when I was working and when you're retired, that's very important."

-Mike V., Essence member

How can you offer a plan for a \$0 premium?

Medicare pays private insurance companies, like Essence, to manage Medicare Advantage plans and better serve people with Medicare. By working cooperatively with doctors and hospitals, eliminating waste and focusing on helping our members stay healthy, we're able to save money. We then pass those savings on to our members in the form of generous benefits, lower copays and a \$0 premium.

Does your plan come with a deductible?

As an Essence member, you won't have to meet medical or pharmacy deductibles. Your coverage begins with the first dollar you spend. Typically, Original Medicare's Part B does come with a deductible, but when you sign up for an Essence plan, we cover that deductible for you so that you can start enjoying the many benefits we offer as soon as you join our plan.

What is the maximum out-of-pocket limit?

Sometimes, people think that maximum out-of-pocket protection, often referred to as MOOP, is the same thing as a deductible. The MOOP amount puts a limit on what you have to pay out of your own pocket each year for covered medical expenses. Once you reach your MOOP limit in a given year, you'll no longer have to pay copays or coinsurance for medical or hospital-related services. This is a great feature that protects your savings and makes it easy to budget for your healthcare costs—because you know you'll never pay more than the maximum out-of-pocket limit for covered medical expenses.

If I join Essence, will I lose my Original Medicare coverage?

No. When you join Essence, you're still participating in Medicare and still have all the rights and protections you're entitled to as a Medicare beneficiary.

Is this a Medicare supplement?

No. We aren't a Medicare supplement. A Medicare supplement is a private company that charges up-front monthly premiums to help cover what Original Medicare doesn't cover. It's important to note that supplements don't include Part D prescription drug coverage or extra benefits like dental and vision. Essence Healthcare is a Medicare Advantage (MA) plan. Medicare pays companies like Essence to manage MA plans. Because of this, we're able to offer all-in-one plans that include hospital, medical and Part D prescription drug coverage as well as valuable extras like dental and vision benefits for a \$0 monthly premium.

How does the Flex Card work?

As an Essence member, you get built-in dental, vision and hearing benefits. Your debit Flex Card gives you more money to spend on certain non-Medicare-covered items and services in those categories, and on over-the-counter items. Examples include eyewear, hearing aids or dental services, such as X-rays or fillings, if you've run out of your existing plan coverage. You can use up to your whole allowance in any of the allowed categories—with both in-network and out-of-network providers. Your card is valid at eligible physical retail locations or the online Essence OTC Store. For more information on eligible items and locations, call Essence Customer Service.

Your total annual allowance is divided into equal amounts that are loaded on the card at the beginning of each quarter. Funds roll over from quarter to quarter but expire at the end of the calendar year. Your Flex Card isn't a credit card. It can't be converted to cash or used to pay plan premiums or for non-covered Flex Card services.

Will I need a referral to see a specialist?

If you're an HMO plan member, a referral is required to see specialists. The referral process is simple and ensures that your primary care physician (PCP) and specialist stay connected on the status of your health. Once your PCP initiates the referral, your specialist will have instant access to it electronically and Essence will be notified as well. If you're a PPO plan member, you won't need a referral to see specialists; this includes out-of-network providers.

Star Ratings Explained

Each year, the Centers for Medicare & Medicaid Services (CMS), the government agency that oversees Medicare, rates how well Medicare Advantage plans perform in many different categories. Ratings are based on surveys of existing health plan members, information collected from doctors, information submitted by the various health plans and results from CMS monitoring.

The Star Ratings Scale

Excellent	****
Above Average	$\star\star\star\star$
Average	$\star\star\star$
Below Average	**
Poor	\star

Why Are Star Ratings Important?

Star ratings give you an unbiased view of a health plan by offering a single summary score that makes it easy for you to compare different plans based on quality and performance. They're a lot like Consumer Reports® but specific to Medicare plans. It's important to note that Star ratings are assessed every year and can change from one year to the next. New ratings come each October. You can always find the latest Star ratings for all the different plans at Medicare.gov.

*

Where Does Essence Rank?

For our latest Star ratings, please see the Star ratings sheet(s) included with this kit. You can also visit Medicare.gov to see how our Star ratings compare to other plans in the area.*

You might notice that some Essence plans don't have Star ratings. This is because the plan is too new to be measured. Medicare Advantage plans aren't eligible to receive Star ratings until their third year of operation. Though the plan you choose might not yet have a rating, know that **Essence is committed to providing excellent care and service to all of its members.**

*Every year, Medicare evaluates plans based on a 5-star rating system.

Essence Healthcare includes HMO and PPO plans with Medicare contracts. Enrollment in Essence Healthcare depends on contract renewal. All Essence plans include Part D drug coverage. To enroll, you must have both Medicare Parts A and B and reside in the plan service area.

You must continue to pay your Medicare Part B premium. Please note that enrollment is limited to specific times of the year.

Members enrolled in an Essence Healthcare HMO plan must use plan providers except in emergency or urgent care situations. If a member obtains care from an out-of-network provider without prior approval from Essence, neither Medicare nor Essence Healthcare will be responsible for the costs.

Members enrolled in an Essence Healthcare PPO plan may see out-of-network providers (non-contracted providers). Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Essence Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.



3251 Riverport Lane, Suite 101 St. Louis, MO 63043 EssenceHealthcare.com

Toll-free: 1-866-947-5817 (TTY: 711) 8 a.m. to 8 p.m., seven days a week

You may reach a messaging service on weekends from April 1 through September 30 and holidays. Please leave a message, and your call will be returned the next business day.

Our service area: the Missouri county of Boone

IMPORTANT INFORMATION: 2024 Medicare Star Ratings



Essence Healthcare - H2610

For 2024, Essence Healthcare - H2610 received the following Star Ratings from Medicare:

Overall Star Rating:

Health Services Rating:

Drug Services Rating:

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
- The number of members who left or stayed with the plan
- The number of complaints Medicare got about the plan
- Data from doctors and hospitals that work with the plan

More stars mean a better plan – for example, members may get better care and better, faster customer service.

Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at <u>medicare.gov/plan-compare</u>.

Questions about this plan?

Contact Essence Healthcare 7 days a week from 8:00 a.m. to 8:00 p.m. Central time at **866-509-5399** (toll-free) or 711 (TTY), from October 1 to March 31. Our hours of operation from April 1 to September 30 are Monday through Friday from 8:00 a.m. to 8:00 p.m. Central time. Current members please call **866-597-9560** (toll-free) or 711 (TTY).

Essence Healthcare includes HMO and PPO plans with Medicare contracts. Enrollment in Essence Healthcare depends on contract renewal.





This plan got MEDICARE'S HIGHEST RATING (5 stars)

The number of stars show how well a plan performs. ★★★★★ EXCELLENT ★★★★★ ABOVE AVERAGE ★★★☆☆ AVERAGE ★★☆☆☆ BELOW AVERAGE ★☆☆☆☆ POOR



IMPORTANT INFORMATION: 2024 Medicare Star Ratings

Essence Healthcare - H6200

For 2024, Essence Healthcare - H6200 received the following Star Ratings from Medicare:

Overall Star Rating:Plan too new to be measuredHealth Services Rating:Plan too new to be measuredDrug Services Rating:Plan too new to be measured

*Some plans do not have enough data to rate performance.

Every year, Medicare evaluates plans based on a 5-star rating system.

Why Star Ratings Are Important

Medicare rates plans on their health and drug services.

This lets you easily compare plans based on quality and performance.

Star Ratings are based on factors that include:

- Feedback from members about the plan's service and care
- The number of members who left or stayed with the plan
- The number of complaints Medicare got about the plan
- Data from doctors and hospitals that work with the plan

More stars mean a better plan – for example, members may get better care and better, faster customer service.

Get More Information on Star Ratings Online

Compare Star Ratings for this and other plans online at <u>medicare.gov/plan-compare</u>.

Questions about this plan?

Contact Essence Healthcare 7 days a week from 8:00 a.m. to 8:00 p.m. Central time at **866-509-5399** (toll-free) or 711 (TTY), from October 1 to March 31. Our hours of operation from April 1 to September 30 are Monday through Friday from 8:00 a.m. to 8:00 p.m. Central time. Current members please call **866-597-9560** (toll-free) or 711 (TTY).

Essence Healthcare includes HMO and PPO plans with Medicare contracts. Enrollment in Essence Healthcare depends on contract renewal.

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